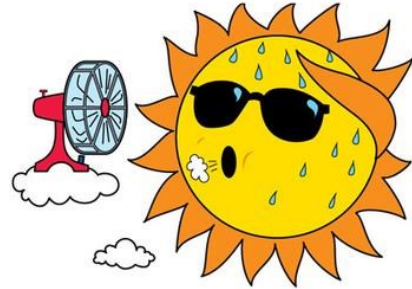


# HEAT ADVISORY TRANSIT TIPS



## HYDRATE!

Drink water before, during and after rides. Do not wait for the feeling of extreme thirst. Stay on top of your hydration needs.

## REPLACE ELECTROLYTES!

For rides longer than an hour, drink fluids with electrolyte replacement in addition to water.

## TAKE YOUR UMBRELLA!

Look around you before you leave for all your belongings. For Lost and Found call 760-343-3451.

## KNOW BEFORE YOU GO!

Check for detours on [sunline.org](http://sunline.org), SunBus Tracker or SunLine's social media platforms.



ANNIVERSARY  
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