

# BIKE TRAILS & PARKS MAP

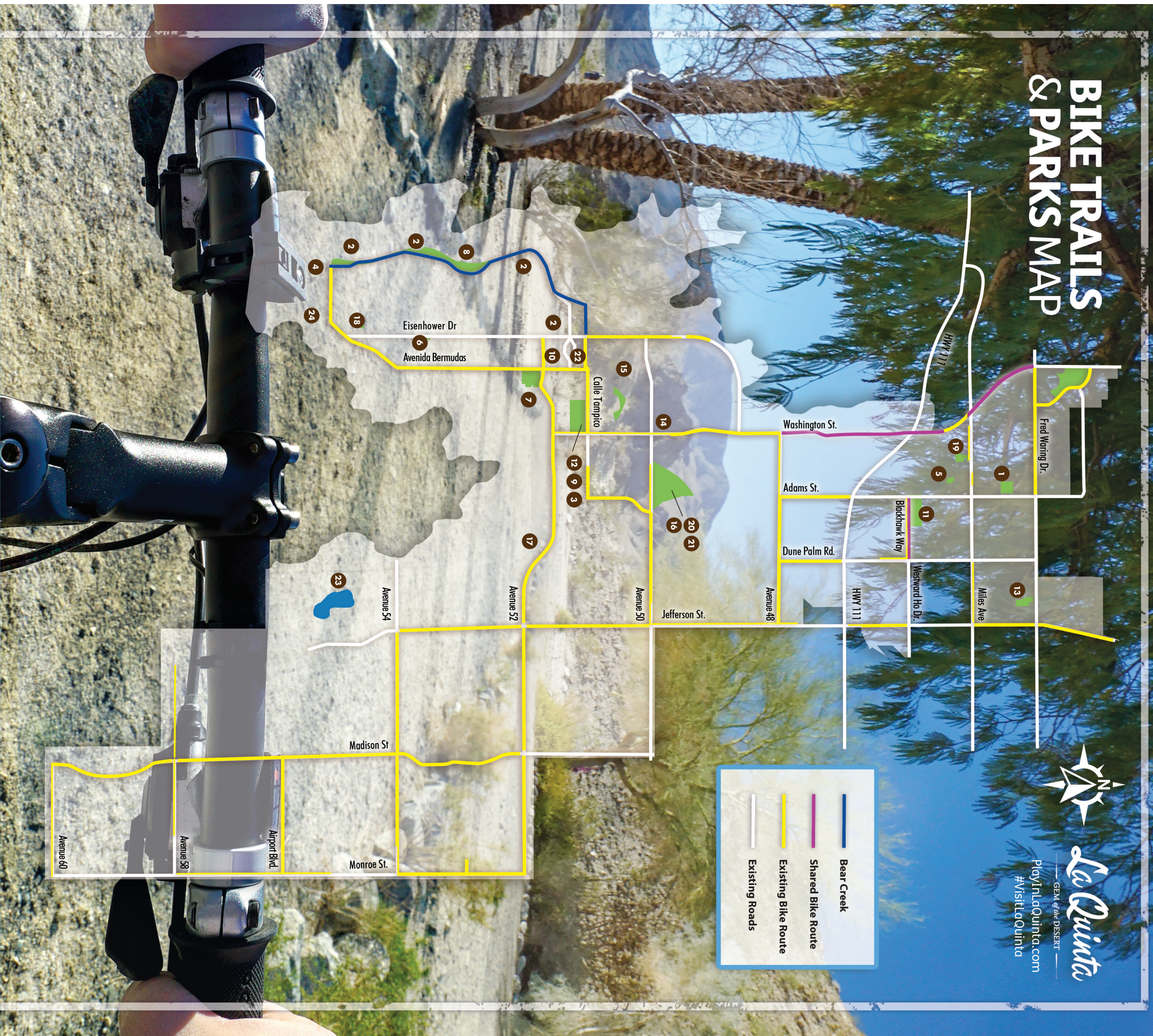


*La Quinta*

— GEM of the DESERT —

PlayInLaQuinta.com  
#VisitLaQuinta

- Bear Creek
- Shared Bike Route
- Existing Bike Route
- Existing Roads



## BIKING AROUND THE CITY

### Road Hazards?

- City of La Quinta – Public Works (760) 777-7075
- City of Indian Wells – Public Works (760) 776-0237
- City of Indio – Road Hazard Hotline (760) 391-4017
- City of Palm Desert – Public Works (760) 777-6450
- Cal Trans Hwy 111 (800) 427-7623

### Useful Numbers

- Sunline Transit Company (760) 343-3456
- La Quinta Sheriff's Station (760) 863-8990
- Coachella Valley Water District (760) 398-2651

### For More Information

Bike Maps can be obtained at City Hall or on our website at: [www.PlayInLaQuinta.com](http://www.PlayInLaQuinta.com). Other downloadable maps include: Art in Public Places Map, Hiking Map, and Historical Map and can be found at [www.la-quinta.org](http://www.la-quinta.org).

### EMERGENCY 911

## PARK & RECREATION INFORMATION

### Have Questions?

- La Quinta Community Resources (760) 777-7000
- La Quinta Police 863-8990
- 51-351 Avenida Bermudas
- County of Riverside (Lake Cahulla) (800) 234-7275
- Desert Recreation District 347-3484
- La Quinta Soccer (AYSO) 345-2976
- La Quinta Baseball (LQSYA) 695-7972
- Santa Rosa & San Jacinto Mountains National Monument Visitor Center 862-9984
- Coachella Valley Water District (760) 398-2651
- Imperial Irrigation District 482-9600

### Plan Your Event.

For more information or to plan your next event at one of La Quinta's scenic parks please visit [www.PlayInLaQuinta.com](http://www.PlayInLaQuinta.com)



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FACILITIES	ACREAGE (GIS MEASURED)	BARBECUE	BALL FIELDS	BASKETBALL	CHILDREN'S PLAY AREA	PICNIC TABLES/BENCHES	RESTROOMS	SOCCER FIELDS	SWIMMING POOL	TENNIS COURT	WALKING/HIKING PATH	WATER FEATURE	DRINKING FOUNTAIN	BIKE RACK	COMMENTS
1. Adams Park	3.5				🏃	🏠				🚴	🌳	🚰			
2. Bear Creek Trail	4.75				🏃	🏠				🚴			🚰		
3. Civic Center Campus	17.5				🏃	🏠				🚴	🌳	🚰			
4. Cove Oasis Trailhead	114				🏃	🏠				🚴			🚰		
5. Desert Pride Park	1				🏃	🏠							🚰		
6. Eisenhower Park	0.5				🏃	🏠							🚰		
7. Fritz Burns Park	12	🍷			🏃	🏠	🚰	🏊	🗣️		🌳	🚰	🚰	🚰	Skate Park Dog Park
8. Fred Wolff Nature Preserve	19												🚰	🚰	
9. La Quinta Library	20,000 sf						🚰						🚰	🚰	
10. La Quinta Museum	9,000 sf				🏃	🏠	🚰								
11. La Quinta Park	18	🍷	🏠	🏀	🏃	🏠	🚰	🏊		🚴	🌳	🚰	🚰	🚰	Skate Park
12. La Quinta Wellness Center	10,000 sf				🏃	🏠	🚰								
13. Monticello Park	4				🏃	🏠							🚰		
14. Saguaro Park	.75				🏃	🏠							🚰		
15. Seasons Park	5				🏃	🏠									Dog Park
16. Sports Complex	16.75		🏠		🏃	🏠	🚰						🚰	🚰	
17. SilverRock Resort	546						🚰								
18. Velasco Park	0.25				🏃	🏠							🚰		
19. Pioneer Park	2				🏃	🏠									Dog Park
<b>OTHER FACILITIES</b>															
20. YMCA Facility	10,000 sf				🏃		🚰								
21. Boys and Girls Club	12,000 sf			🏀									🚰	🚰	Fitness
22. La Quinta Community Center & Park (DRD)	6.5	🍷	🏠	🏀	🏃	🏠	🚰			🚴			🚰		
23. Lake Cahuilla Regional Park (COUNTY)	845	🍷			🏃	🏠	🚰	🏊		🚴			🚰		
24. Santa Rosa National Monument	271,000									🚴					

## PARKS MAKE LIFE BETTER

### Benefits to Individuals

Parks offer opportunities to enrich the quality of life for people of all ages and abilities. Children who participate in park activities benefit from a safe and enriching environment. Older adults who participate in a variety of recreational and social activities benefit from connections and interactions fundamental to their vitality.

### Benefits to Communities

Parks and recreation programs offer a multitude of opportunities to engage in arts, music and sports. A park can be a symbol of vitality and character and add to the overall quality of life within a community. Parks help recreate nature and offer places for social and cultural exchange. In addition, established parks are the focal point of communities.

### Benefits to the Economy

Our parks can strengthen our economy. Families build homes near parks and parks can increase property values. Businesses move into cities after consideration of many factors including recreational opportunities and amenities that increase quality of life for their employees.

### Benefits to the Environment

Trees and open space contribute to many of life's essentials – making water clean and safe for drinking, cleaning the air and returning pure oxygen to the atmosphere, and providing habitat for wildlife. Preserving our parks will help build and sustain a healthy, vibrant, growing community.

## RULES OF THE ROAD

1. It's your responsibility to learn and abide by the local bicycle laws and regulations. California requires all children under age 18 to wear a safety helmet. As a bicyclist, you are required to obey the same traffic laws as the driver of a vehicle.
2. You are sharing the road with others – motorists, pedestrians and other cyclists. Respect their rights, and be tolerant if they infringe on yours.
3. Ride defensively. Don't assume other people on the road know you're there.
4. Look ahead to where you're going and be ready to avoid:
  - Vehicles slowing or turning in front of you, entering the road or your lane, or coming up behind you.
  - Pedestrians stepping out in front of you.
  - Children playing near the road.
5. Never ride with headphones; they mask traffic sounds and sirens, and distract you from concentrating.
6. Never carry a passenger, unless it's a small child wearing an approved helmet and secured in a correctly mounted child carrier.
7. Never carry anything that obstructs your vision or control of the bicycle, or that could become entangled in the moving parts of the bicycle.
8. Never hitch a ride by holding on to another moving vehicle.
9. Don't do stunts, wheelies or jumps; they can cause injury and damage your bike.
10. Don't weave through traffic or make any moves that could surprise other people on the road.
11. Never ride your bicycle while under the influence of alcohol or drugs.
12. Avoid riding in bad weather, when visibility is obscured, at dusk or in the dark, or when extremely tired. These conditions increase the risk of an accident.
13. Always perform a mechanical safety check of your bike before riding.
14. Be thoroughly familiar with your bike's controls. Know and practice the rules of safe and responsible riding!

## ONLINE

For more information regarding Bike Trails & Parks visit [www.PlayInLaQuinta.com](http://www.PlayInLaQuinta.com)

**Note:** Like any sport, bicycling involves risk of injury and damage. By choosing to ride a bicycle, you assume the responsibility for that risk – not the people who sold you the bike, not the people who make it, not the people who manage or maintain the roads or trails you ride on. So you need to know – and practice – the rules of safe and responsible riding.

